

2011 Community PROGRAMS

Support Groups

Alcoholics Anonymous

Tuesdays at 7 p.m. and Saturdays at Noon
7 - 8 p.m., third Monday of each month
Conference Room B, Cornwall campus
For more information, call (212) 755-1000.

Breast Cancer Support Group

For breast cancer patients and survivors, held
in partnership with Breast Cancer Options.
6:00 - 7:30 p.m., second Wednesday of each month
Conference Room B, Cornwall campus
To register call 458-4544.

Cancer Caregivers Support Group

For caregivers and loved ones of those diagnosed with cancer
6:30 p.m., second Wednesday of each month
Cornwall Medical Pavilion, 21 Laurel Avenue, Suite 290.
For more information,
call the Hudson Valley Center for Development at 458-4544.

Free Yoga Classes

for patients diagnosed with cancer

6:00 p.m., every other Monday of each month
Basement level, Cornwall campus
Call 458-4544 to register; space is limited.

Living with Cancer Support Group

For people diagnosed with cancer.
1 p.m., fourth Tuesday of every month
Third floor Conference Room, Cornwall campus
For more information, call 458-4544.

Look Good, Feel Better

Tips on skin-care, make-up application and
wig/turban styling for cancer survivors.
2 - 4 p.m., July 20, September 20, November 15
Infusion Center, Cornwall campus
For more information, call (800) 227-2345.

Mended Hearts Support Group

(Affiliated with the American Heart Association)
Mended Hearts members share their experiences about living with
heart disease, including dealing with lifestyle changes,
depression, recovery and treatment.
1:30 p.m., third Sunday of every month,
Newburgh campus.
For more information, call 568-2881

Pain Management Support Group

For anyone suffering from chronic pain.
1:00 - 2:00 p.m., third Friday of every month
Kreisberg Family Center for Pain Management, Cornwall campus.
For more information, call 458-4591.

Parkinson's Support Group

For Parkinson's patients and caregivers.
1 - 2:30 p.m., third Tuesday of every month
(excluding July and August)
Conference Room B, Cornwall campus.
For more information call John Gillender at 784-3777.

Stroke Education and Support Group

This support group and educational presentation
will help you cope with life after stroke.
Family members and caregivers are welcome.
10 a.m., second Wednesday of every month
Conference Room B, Cornwall campus
For more information, call 568-2261.

*In the case of inclement weather,
please call ahead of time to confirm.*

Education and Special Offerings

Birthing Center Tours

Our renovated Birthing Center offers patients
comfort usually found in luxury hotels.
Tours conducted at our Newburgh campus.
2 p.m., Sundays. Registration required; call 568-2365.

Diabetes Self-Management Program

For people living with diabetes.
Schedule varies, call 568-2878 for time and location.

Prosthetic Fittings for Breast Cancer Patients

Tammy Bender, Certified Prosthesis Mastectomy Fitter,
will offer one-on-one consultative services.
2 - 6 p.m., Tuesdays
Executive Conference Room, Cornwall campus

Screenings and Seminars

Throughout the year St. Luke's Cornwall Hospital offers CPR and other classes, health screenings and seminars.
For more information call 568-2565, visit stlukescornwallhospital.org, or e-mail communityevents@slchospital.org.

Newburgh Campus

70 Dubois Street
Newburgh, NY 12550

Cornwall Campus

19 Laurel Avenue
Cornwall, NY 12518