

2010 Community PROGRAMS

Please call prior to attending, as scheduling changes may occur.

Support Groups

Adelina & Friends SIDS Support Group

This support group helps families cope with their loss and share experiences.
7 - 8 p.m., third Monday of each month
Conference Room C, Newburgh campus
For more information or to register, call 563-0135.

Breast Cancer Support Group

For breast cancer patients and survivors, held in partnership with Breast Cancer Options.
6:00 - 7:30 p.m., second Wednesday of each month
Conference Room B, Cornwall campus
To register call 568-2232.

Cancer Caregivers Support Group

For caregivers and loved ones of those diagnosed with cancer
6:30 p.m., second Wednesday of each month
Cornwall Medical Pavilion, 21 Laurel Avenue, Suite 290.
For more information,
call the Hudson Valley Center for Development at 458-4558.

Cancer Survivor Support Group

Fourth Thursday of each month
6 - 8 p.m.
Homewood Suites, 180 Bruenig Road, Newburgh,
For more information, call 568-2232.

CMT Support Group

Fourth Saturday of every other month
11 a.m. - 1 p.m. Conference Room B, Cornwall Campus
For more information, call 568-2232

Free Yoga Classes

for patients diagnosed with cancer
6:00 p.m., First and third Thursday of each month
Center for Physical Therapy, Cornwall campus
Call 458-4544 to register; space is limited.

Living with Cancer Support Group

For people diagnosed with cancer,
led by an SLCH social worker.
1 p.m., fourth Tuesday of every month
Third floor Conference Room, Cornwall campus
For more information, call 568-2232.

Look Good, Feel Better

Tips on skin-care, make-up application and wig/turban styling for cancer survivors.
2 - 4 p.m. January 25, March 15, May 17, July 20,
September 20, November 15
Infusion Center, Cornwall campus
For more information, call (800) 227-2345.

Mended Hearts Support Group

(Affiliated with the American Heart Association)
Mended Hearts members share their experiences about living with heart disease, including dealing with lifestyle changes, depression, recovery and treatment.
1:30 p.m., third Sunday of every month,
Newburgh campus
For more information, call 568-2232.

Pain Management Support Group

For anyone suffering from chronic pain.
1:00 - 2:30 p.m., third Friday of every month
Kreisberg Family Center for Pain Management, Cornwall campus.
For more information, call 458-4592

Parkinson's Support Group

For Parkinson's patients and caregivers.
1 p.m., third Wednesday of every month
(excluding July and August)
Conference Room B, Cornwall campus.
For more information call John Gillender at 784-3777.

Stroke Education and Support Group

This support group and educational presentation will help you cope with life after stroke.
Family members and caregivers are welcome.
10 a.m., second Wednesday of every month
Conference Room B, Cornwall campus
For more information, call 568-2261.

Education and Special Offerings

Birthing Center Tours

Our renovated Birthing Center offers patients comfort usually found in luxury hotels.
Tours conducted at our Newburgh campus.
2 p.m., Sundays. Registration required; call 568-2365.

Diabetes Self-Management Program

For people living with diabetes.
Schedule varies, call 568-2878 for time and location.

Prosthetic Fittings for Breast Cancer Patients

Tammy Bender, Certified Prosthesis Mastectomy Fitter, will offer one-on-one consultative services.
2 - 6 p.m., Tuesdays
Executive Conference Room, Cornwall campus

Screenings and Seminars

Throughout the year St. Luke's Cornwall Hospital offers CPR and other classes, health screenings and seminars.
For more information call 568-2232, visit www.stlukescornwallhospital.org, or e-mail communityevents@slchospital.org.

Newburgh Campus
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Newburgh, NY 12550

Cornwall Campus
19 Laurel Avenue
Cornwall, NY 12518

Your Health ... Our Passion.

www.stlukescornwallhospital.org

St. LUKE'S CORNWALL
HOSPITAL
A clinical affiliate of
The Mount Sinai Hospital.