

2009 Support GROUPS

Please call prior to attending, as scheduling changes may occur.

Alcoholics Anonymous

Every Saturday, 12:00 - 1:00 p.m.
Conference Room B, Cornwall campus.

Diabetes Support Group

For people living with diabetes.
Schedule varies, call 568-2878 for time and location.

Epilepsy Support Group

Third Tuesday of each month (excluding July and August)
6:30 - 7:30 p.m.
Conference Room C (Third floor), Newburgh campus
For more information, call 695-6885.

Living with Cancer Support Group

For people diagnosed with cancer,
led by an SLCH social worker.
1:00 p.m., fourth Tuesday of every month
Third floor Conference Room, Cornwall campus
Call 568-2232 for more information.

Managing CHF

Learn how to manage congestive heart failure
at this community presentation covering
diet, exercise, medication and other important factors.
For more information, please call 784-3812.

Mended Hearts Support Group

(Affiliated with the American Heart Association)
Mended Hearts members share their experiences about
living with heart disease, including dealing with lifestyle
changes, depression, recovery and treatment.
1:30 p.m., third Sunday of every month
Newburgh campus
For more information, call 568-2565.

MS Support Group

First Wednesday of every month
6:30 - 8:00 p.m.
Third floor Conference Room, Cornwall campus
For more information, call 787-4723.

Pain Management Support Group

For anyone suffering from chronic pain.
1:00 - 2:30 p.m., third Friday of every month
Kreissberg Family Center for Pain Management,
Cornwall Campus. Call 458-4592.

Parkinson's Support Group

For Parkinson's patients and caregivers.
1:00 p.m., third Wednesday of every month
(excluding July and August)
Conference Room B, Cornwall campus. Call 458-4268.

Prostate Cancer Support Group

For prostate cancer patients and survivors, held in conjunction
with Us Too International Prostate Cancer
Education and Support Network.
6:00 - 7:00 p.m., fourth Tuesday of each month
Drake Conference Center, Newburgh campus
For more information, call 568-2565.

Stroke Education and Support Group

This support group and educational presentation
will help you cope with life after stroke.
Family members and caregivers are welcome.
10:00 a.m., second Wednesday of every month
Conference Room B, Cornwall campus
For more information, call 568-2261.

Birthing Center Tours

Our renovated Birthing Center offers patients
comfort usually found in luxury hotels.
Tours conducted at our Newburgh campus.
2:00 p.m., Sundays
Registration required; call 568-2365.

Free Childbirth Education Series

In this four-class series, participants will learn about:
Anatomy/Changes In Pregnancy • Nutrition and Weight Gain
Pain in Labor • Relaxation and Visual Imagery
Comfort Measures for Mom and Her Partner
Positions for Labor
Interventions/Pain Medications/Cesarean Birth
Postpartum Depression • Newborn Care • Breastfeeding
Instructed by Liz Pickett, CD, PCD (DONA)
Perinatal Health Educator for Maternal-Infant Services Network

January 8, 15, 22, 29

March 5, 12, 19, 26

May 7, 14, 21, 28

July 9, 16, 23, 30

September 3, 10, 17, 24

November 5, 12, 19 and December 3

6:30 - 8:30 p.m.

Nursing Classroom, second floor of Newburgh campus
To register, call 750-6265.

New Mothers' Support Group

For moms and their newborns (up to 9 months old).

January 22

July 23

February 26

September 24

March 26

October 22

April 23*

November 19

May 28

December 17

June 18

10:00 - 11:30 a.m.

*(April meeting 10:30 a.m. - Noon)

No August meeting.

Nursing Classroom, second floor, Newburgh campus.
For more information, call 568-2425.

Adelina & Friends SIDS Support Group

This new support group will help families cope with
their loss and share experiences.
7:00 - 8:00 p.m., third Monday of each month
Conference Room C, Newburgh campus
For more information or to register, call 563-0135.

Teddy Bear Tours

Designed for school groups, scouts, etc.,
to see what happens in an emergency department.
Come to our ED, or our team will come to your group.
Call 568-2565.

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www.stlukescornwallhospital.org

St. LUKE'S CORNWALL
HOSPITAL
A clinical affiliate of
The Mount Sinai Hospital.